نحوه ی متوقف کردن آپدیت های خودکار در ویندوز 10

آره درسته، امكان توقف آپديت ها وجود داره و در اين مقاله، با اين روش آشنا ميشيد.

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در ویندوز 10 آپدیت های تجمعی، زمانی که در دسترس قرار میگیرن، به صورت خودکار دانلود و نصب میشن. با اینکه هدف این آپدیت ها بهبود مقاومت لپ تاپ ها در برابر ویروس ها، بهبود عملکرد و سرعت هست، میشه گفت که یک شکست بحث برانگیز محسوب میشن!

حالا چرا شکست بحث برانگیز؟ به این دلیل که این آپدیت ها معمولا حاوی باگ هایی هستن که تجربه ی خوبی از ویندوز رو به نمایش نمیگذارن. برای مثال با آپدیت ویندوز ممکنه ویژگی های عالیِ نسخه ی قبلی از بین ببره، درایور هماهنگی خودش رو با بعضی از نرم افزار ها از دست بده و همچنین ایراداتی مثل خطای صفحه ی مرگ یا همون صفحه ی آبی(BSOD)رو به وجود بیاره. همچنین این آپدیت ها از شما درخواست میکنن که سیستم رو ریستارت کنید تا عملیات نصب به پایان برسه، که خب این اعلان ها و وقفه ها تمرکز ِکاری شما رو به هم میزنه.

اگه مشکلاتی که آپدیت ها برای شما ایجاد میکنن خیلی بیشتر از فایده هاشون هست، اگه دلیل خوبی دارید تا ویندوز رو آپدیت نکنید، با توجه به نسخه ای از ویندوز 10 که از اون استفاده میکنید میتونید به وسیله ی Settings ، آپدیت ها رو به صورت موقت و یا با استفاده از Group Policy و Registry اون ها رو به صورت دائم غیرفعال کنید.

پس در این مقاله با ما همراه باشید.

نحوه غیرفعال کردن به روز رسانی خودکار با استفاده از Settings

اگه میخواید برای مدتی ویندوز آپدیت نشه، نیازی نیست که آپدیت ها رو به صورت دائمی غیرفعال کنید. بلکه میتونید اون ها رو تا 7 روز به تاخیر بندازید.

مراحل زير رو دنبال كنيد:

1. تنظيمات را باز كنيد.

2. روی Update & Security کلیک کنید.

3. بر روی Windows Update کلیک کنید.

4. روی گزینه "Pause updates for 7 days " کلیک کنید.

زمانی که مراحل رو به اتمام برسونید، آپدیت ها تا زمان تعیین شده متوقف میشن، بعد از طی شدن ِ زمان ِ مورد نظر، باید جدید ترین نسخه ی آپدیت رو نصب کنید تا ویندوز به شما اجازه ی متوقف کردنِ مجددِ آپدیت ها رو بده.

برای لغو کردن تنظیمات ایجاد شده میتونید مراحل بالا رو انجام بدید ولی در مرحله ی 4 گزینه ی Select رو انتخاب کنید. همچنین با کلیک کردن بر گزینه ی Resume updates میتونید آپدیت ها رو دوباره از سر بگیرید.

در نسخه ی ویندوز 10 پرو، میتونید با استفاده از Group Policy Editor میتونید آپدیت ها رو کاملا لغو کنید و یا اینکه یک زمان مشخص برای نصب آپدیت ها تعیین کنید.

غيرفعال كردن آپديت هاي ويندوز 10

1. Start را باز کنید.

2. gpedit.msc را جستجو کنید و روی نتیجه بالایی کلیک کنید تا Local Group Policy Editor راه اندازی شود.

> 3. به مسیر زیر بروید: < Computer Configuration > Administrative Templates > 3 Windows Components > Windows Update

> 4. روی خط مشی «Configure Automatic Updates » در سمت راست دوبار کلیک کنید.

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35 setting(s)					

5. برای خاموش کردن بهروزرسانیهای خودکار ویندوز 10 به صورت دائمی، گزینه Disabled را علامت

بزنيد.

3

Configure Automatic Updates Previous Setting Next Setting Comment Com	💭 Configure Autom	natic Updates		— D	×			
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6. روی دکمه Apply کلیک کنید

7. روی دکمه OK کلیک کنید.

زمانی که مراحل رو به اتمام برسونید، ویندوز به طور خودکار آپدیت ها رو غیرفعال میکنه. اما میتونید با مراجعه به Settings > Update & Security > Windows Update و کلیک کردن بر گزینه ی Check for updates جدیدترین آپدیت ها رو به صورت دستی دانلود و نصب کنید.

اگه میخواید دوباره به روزرسانی خودکار آپدیت ها رو فعال کنید، مراحل بالا رو دنبال کنید، ولی در مرحله ی 5، گزینه ی Not Configured رو انتخاب کنید.

محدود کردن آپدیت های ویندوز 10

1. Start را باز کنید.

2. gpedit.msc را جستجو کنید و روی نتیجه بالایی کلیک کنید تا Local Group Policy Editor راه اندازی شود.

3. به مسیر زیر بروید: < Computer Configuration > Administrative Templates > 3 Windows Components > Windows Update

4. روی خط مشی «Configure Automatic Updates » در سمت راست دوبار کلیک کنید.

🧾 Local Group Policy Editor			2	×
<u>File Action View H</u> elp				
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5. برای روشن کردن خط مشی، گزینه Enable را علامت بزنید.

6. در بخش «Options»، گزینه جلوگیری از دانلود خودکار بهروزرسانی ها در ویندوز 10 را انتخاب کنید:

- 2- اطلاع رسانی برای دانلود و نصب خودکار
- 3- دانلود خودکار و اطلاع رسانی برای نصب
 - 4 دانلود خودکار و زمانبندی نصب.
- 5 به ادمین محلی اجازه دهید تنظیمات را انتخاب کند.

7 — دانلود خودکار، اطلاع برای نصب، اطلاع رسانی برای راه اندازی مجدد.

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Scheduled install day: 0 - Every day Scheduled install time: 03:00 If you have selected "4 - Auto download and schedule the install" for your scheduled install day and specified a schedule, you also have the option to limit updating to a weekly, bi-weekly or monthly occurrence, using the options below: 2 = Notify before downloading and installing any updates. When Windows finds updates that apply to this computer, users will be notified that updates are ready to be downloaded. After going to Windows Update, users can download and install any available updates. Scheduled install with updating to a weekly, bi-weekly or monthly occurrence, using the options below: 3 = (Default setting) Download the updates automatically and notify when they are ready to be installed Second week of the month 5 = (Default setting) Download updates that apply to the computer and downloads them in the background (the user is not notified or interrupted during this process). When the downloads are complete, users will be notified that they are ready to install. After going to Windows Update, users can install them. 4 = Automatically download updates and install updates. The device will reboot as per Windows default settings unless configured by group policy. (Applies to Windows 10, version 1709 and above, there is an additional choice of limiting updating to a weekly, or monthly occurrence. If no schedule is specified, the default schedule for all installations will be every day at 3200 AM. If any updates require a restart to complete the installation, Windows will restart the the transformation of limiting updating to a weekly, bi-weekly, or monthly occurrence. If no schedule is pecified, the default schedule for all installations	Install during automatic maintenance		This setting lets you specify whether automatic updates are enabled on this computer. If the service is enabled, you must select one of the four options in the Group Policy Setting:	
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نکته: بهترین گزینه برای انتخاب گزینه ی 2 هست. در واقع با انتخاب این گزینه آپدیت ها به صورت خودکار دانلود نمیشن بلکه شما یک کلید "Install now" در تنظیمات آپدیت ویندوز خواهید دید که به وسیله ی اون میتونید آپدیت مورد نظر رو فعال کنید.

8. روی دکمه Apply کلیک کنید.

9. روی دکمه OK کلیک کنید.

زمانی که مراحل رو به اتمام برسونید، آپدیت های خودکار ویندوز قطع خواهند شد، اما شما میتونید با مراجعه به تظیمات Windows Update اون ها رو به صورت دستی فعال کنید.

نحوه غیرفعال کردن به روز رسانی خودکار با رجیستری

در ادامه شما میتونید با استفاده از ریجستری به دو روش آپدیت ها رو قطع کنید.

اخطار: به عنوان یک یادآوری دوستانه بهتره بهتون بگیم که ادیت کردنِ ریجستری یک کار خطرناکه و اگه اون رو به درستی انجام ندید ممکنه آسیب های جبران ناپذیری در فرآیند نصب به سیستم وارد کنید. پس قبل از انجام این کار حتما از اطلاعاتتون یک بک آپ کامل تهیه کنید.

غيرفعال كردن آپديت ها

برای غیر فعال کردن آپدیت ها مراحل زیر رو دنبال کنید:

1. Start را باز کنید.

2. regedit را جستجو کنید و روی نتیجه بالا کلیک کنید تا Registry Editor راه اندازی شود.

3. به مسیر زیر بروید:

HKEY_LOCAL_MACHINE\SOFTWARE\Policies\Microsoft\Windows

4. روی کلید Windows (پوشه) کلیک راست کرده، زیرمنوی New را انتخاب کرده و گزینه Key را انتخاب کنید.

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5. کلید جدیدی که انتخاب کردید را نام گذاری کرده و Enter بزنید.

6. روی کلید ِ تازه ایجاد شده کلیک راست کرده، زیرمنوی New را انتخاب کرده و گزینه Key را انتخاب کنید.

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8. روی کلید AU کلیک راست کنید، زیرمنوی New را انتخاب کنید و گزینه (DWORD (32-bit) Vew کا Value را انتخاب کنید.



Registry Editor				- 🗆 X
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Laa	OS	Π	ک کنید. راه اندازی کنید.	11. روی دکمه OK کلیا 12. کامپیوتر را مجددا .

زمانی که مراحل رو به اتمام برسونید، آپدیت های خودکار قطع میشن، ولی میتونید با مراجعه به تنظیمات و بخش آپدیت های ویندوز گزینه ی Check for updates رو انتخاب کنید.

اگه خواستید این تغییرات رو لغو کنید، کافیه مراحل بالا رو تکرار کنید، ولی در مرحله ی 4، روی کلید WindowsUpdate راست کلیک کنید، گزینه Delete رو انتخاب کنید، سپس کامپیوتر رو مجددا راه اندازی کنید تا تنظیمات اعمال بشن.

محدود کردن آپدیت ها

در نهایت، میتونید با استفاده از ریجستری، تعیین کنید که آپدیت ها چطوری نصب بشن. برای توقف آپدیت ها به وسیله ی ریجستری (و تعیین نحوه ی دریافت اون ها)، مراحل زیر رو دنبال کنید: 1. شروع را باز کنید. 2. regedit را جستجو کنید و روی نتیجه بالایی کلیک کنید تا ویرایشگر رجیستری باز شود.

3. به مسیر زیر بروید:

HKEY_LOCAL_MACHINE\SOFTWARE\Policies\Microsoft\Windows

4. روی کلید Windows (پوشه) کلیک راست کرده، زیرمنوی New را انتخاب کرده و گزینه Key را انتخاب کنید.

🔛 Registry Editor				: <u>244</u>	×
File Edit View Favorites Help					
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Windows NT Mozilla					

5. کلید جدیدی که انتخاب کردید را نام گذاری کرده و Enter بزنید.

6. روی کلیدِ تازه ایجاد شده کلیک راست کرده، زیرمنوی New را انتخاب کرده و گزینه Key را انتخاب کنید.



8. روی کلید AU کلیک راست کنید، زیرمنوی New را انتخاب کنید و گزینه (64-bit) QWORD (64-bit) را انتخاب کنید. Value را انتخاب کنید.

- 9. نام کلید جدید را AUOptions بگذارید و Enter را فشار دهید.
- 10. روی کلید تازه ایجاد شده دوبار کلیک کنید و مقدار (فقط عدد) را به:
 - 2- اطلاع رسانی برای دانلود و نصب خودکار
 - 3- دانلود خودکار و اطلاع رسانی برای نصب
 - 4 دانلود خودکار و زمانبندی نصب.
 - 5 به ادمین محلی اجازه دهید تنظیمات را انتخاب کند.

7 — دانلود خودکار، اطلاع برای نصب، اطلاع رسانی برای راه اندازی مجدد.

نکته: گزینه ها دقیقا شبیه Group Policy settings هستن و گزینه ی 2 نزدیک ترین گزینه به قطع

- آپدیت های ویندوز به صورت دائمی هست.
 - 11. روی دکمه OK کلیک کنید.
 - 12. کامپیوتر را مجددا راه اندازی کنید.

زمانی که مراحل رو به اتمام برسونید، آپدیت های خودکار ویندوز قطع خواهند شد، اما شما میتونید با مراجعه به تظیمات Windows Update اون ها رو به صورت دستی فعال کنید.

برای برگشت به تنظیمات قبلی میتونید مراحل بالا رو تکرار کنید، ولی در مرحله ی 4، روی کلید Delete راه WindowsUpdate رو انتخاب کنید، سپس کامپیوتر رو مجددا راه اندازی کنید تا تنظیمات به حالت اولیه برگردن.

مهم نیست چه نسخه ای از ویندوز رو استفاده میکنید، آپدیت ها همیشه برای بهبود عملکرد و تجربه ی ویندوز کمک کننده هستن و از شما دربرابر خطرات تهدید کننده ی امنیت ویندوز محافظت میکنن. با این وجود ممکنه شرایطی پیش بیاد که مجبور بشید این ویژگی رو متوقف کنید. برای مثال: زمانی که میخواید کنترل ِکاملِ آپدیت ها رو به دست بگیرید، از باگ های نسخه ی های جدید خودداری کنید، یا اینکه از یک برنامه ی خاص استفاده میکنید و نمیخواید با آپدیت ویندوز دسترسی به این نرم افزار رو از دست بدید.

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